



## **Rehearsal & Concert** Guidelines and Procedures

### **In Studio Run Through (5/16)**

1. All dancers check-in in Studio B and report to their assigned dressing area and begin warming up.
2. Further instructions will be given by Synergy Space faculty.
3. Dancers will be dismissed upon final run through of their last dance.
4. All studio rules apply (i.e. no food or drink other than water allowed in the studios, no shoes in the studios, etc.)

### **In Studio Dress Rehearsal (5/18)**

1. Dancers must arrive in complete hair and makeup with all costumes and shoes.
2. All dancers check-in in Studio B and report to their assigned dressing area.
3. Place all costumes and bags neatly in each student's designated area.
4. Dancers should immediately dress in his/her first costume and begin warming up in his/her designated area.
5. Further instruction will be given by Synergy Space faculty.
6. Dancers will be dismissed upon final run through of their last dance.

### **Theater Dress Rehearsal (5/20)**

1. Dancers arrive in complete hair and makeup with all costumes and shoes at Scott Center for the Performing Arts at Carroll Community College.  
\*\*Please enter through the building's front doors. Theater will be directly ahead, check in desk at the entry to the hallway on the right.
2. All dancers must check-in upon arrival and will be given further instructions of where to go.  
**\*Non-Volunteer parents are not permitted in the backstage area.**
3. Dancers should immediately dress in his/her first costume, set costumes where appropriate, and begin warming up on stage and wait for further instructions from Synergy Space faculty and volunteers.
4. Show will be run in full length and full costume (See Rehearsal Schedule for more details).
5. Dancers are asked to stay in their last costumes of the show for Curtain Call.
6. Curtain Call will be rehearsed as a part of the run.
7. Dancers will have a 30 minute break to eat a light meal and rest. Please pack a nutritious, energizing lunch. Dancers will be able to eat in the backstage hall OUT OF COSTUME, and may not leave the premises between Dress Rehearsal and Performance.

### **Concert (5/20)**

1. Dancers will redress in their first costume following lunch break (approximately 2:30pm) and should immediately begin re-warming and preparing.
4. Dancers will not be permitted to leave backstage area during intermissions.
5. Dancers will be dismissed after curtain call and must be signed out from backstage area for liability reasons.

### **Basic Rules**

1. Dancers MUST arrive on time. We will not hold any rehearsals or the show for late comers.
2. DO NOT ARRIVE MORE THAN 15 MINUTES EARLY.
2. ALL REHEARSALS ARE MANDATORY FOR PERFORMANCE.
3. Please have all costumes and shoes labeled with dancer's name or initials.
4. All costumes should be organized in order of performance.
5. No jewelry (except small studs/retainers in piercings) and no nail polish.
6. Parents are asked to refrain from observing In-Studio rehearsals as space is limited.
7. During Theater Dress Rehearsal dancers will be able to watch dances which they are not in either from the wings or audience.
9. Dancers MUST wear a cover up while eating, entering and/or exiting backstage so as not to mess up their costumes.
10. **ABSOLUTELY NO FOODS CONTAINING NUTS/PEANUTS PERMITTED.**
11. Please have your dancer use the restroom immediately before check-in.
12. In Theatre Dress Rehearsal is closed – only volunteers will be permitted in the theatre.
13. All dancers must be signed out prior to leaving the building. Dancers ages 13 and over may sign themselves in and out of backstage.